

Dear residents,

Compared to other cities, Munich, Garching, Freising and Rosenheim are quite safe cities to live in. Nonetheless, we can get into situations that disrupt our sense of security. For this reason, we want to provide you with these guidelines.

**General safety tips:**

- Always lock your door; don't just pull it closed behind you.
- Every room is equipped with an intercom or a peephole. When the doorbell rings, be sure to check who's standing in front of the door before opening it.
- Never leave windows or balcony doors open unattended.
- Get to know your immediate neighbours personally. Well connected neighbours can watch out for each other.
- The house representatives and tutors always try to welcome new residents. If they didn't manage to meet you personally, you can find their contact details on the notices hung up in the laundry room and the garbage sheds or in the houses' WhatsApp groups or you can always ask your fellow residents.
- Get familiar with the premises as soon as possible; get in touch with your house representatives.

**Tips for getting home safe at night:**

- Always choose the safest way, even if it takes a little longer.
- It's better not to use headphones on your way home as you won't be able to hear your surroundings and you also won't hear if someone approaches you unexpectedly.
- Dark alleys and unlit areas are places you should avoid when you're out by yourself.
- When it's dark, walk in the middle of the path so that you have a better view of driveways and dark corners.
- Always keep your keys ready to hand. By doing so, you can avoid having to search for them and thus getting distracted from your surroundings.
- Keep something attached to your key ring that can make a lot of noise. You can draw other people's attention by using an alarm or a whistle, should this be necessary.
- Make it a habit to always tell somebody where you are or share your (real-time) location when you're on your way home. It can also be useful to have something with you with which you can defend yourself in an emergency.



Studierendenwerk  
München Oberbayern

Accommodation

- If you're out at night and don't feel safe, there are different possibilities as to whom you can call.
  - The "Heimwegtelefon" accompanies you on the phone until you arrive home and the person on the phone knows your location.  
+49 30 12074182  
Fridays and Saturdays 10:00 p.m. to 3:00 a.m.  
Sundays to Thursdays 8:00 p.m. to 12 midnight
  - Security Service, Nik Security (apart from Garching, Freising, Rosenheim):  
+49 172 5718161 (10:00 p.m. to 6:00 a.m.)
  - You can also always ring a friend or pretend as though you were on the phone to someone.
- Should you find yourself in an acute threatening situation, call the police - 110.
- Save all the above-mentioned numbers in your phone.
- If you're ever in a situation in which you think you are being followed, turn around holding your body upright. Keep a safe distance and tell the person clearly that you want to be left alone. Stay on a busy street or go to one. Don't try to outpace the pursuer (using dark alleys).

**Should you have any questions or suggestions, please turn to:**

- your house representatives
- the [Administration](#)
- the [Servicedesk](#)

You can also turn to our Advice and Counselling Centre with any important questions and concerns you may have. More information as well as phone numbers can be found here: <https://www.stwm.de/en/advisory-network/>