



Studierendenwerk
München Oberbayern

NEED HELP?

www.stwm.de/en/advice-and-counselling-network

Advice and Counselling Network in Munich – we are there for you.

Don't hesitate to give us a ring during our office and opening hours. We're happy to help – confidentially and free of charge! For personal consultations, please arrange an appointment up ahead.

Further advisory services provided by the Studierendenwerk München Oberbayern, such as our Legal Advisory Service, Advice for Students With a Child, Scholarship Advisory Service or Student Loan Advisory Service, can be found in our Advice and Counselling Centre „Alte Mensa“ in Munich.

More detailed information and opening hours can be found at:

www.stwm.de/en/advice-and-counselling-network



General Advice and Social Counselling, BAföG Advisory Service

Advice for students experiencing difficulties in everyday student life or facing problems regarding personal, social or family matters. Information on financing your studies, BAföG, jobs and accommodation as well as regarding questions on health insurance or social services.

Maximus-von-Imhof-Forum 5
1st floor, room 133 A
85354 Freising
phone: +49 8161 712496
asberatung-freising@stwm.de

Please arrange an appointment.
We offer our service personally, by phone or online.
Further information and opening hours can be found at:
*[www.stwm.de/en/advice-and-counselling-network/
general-advice-and-social-counselling/freising](http://www.stwm.de/en/advice-and-counselling-network/general-advice-and-social-counselling/freising)*

Psychotherapeutic and Psychosocial Counselling Service

Support with study-related problems, such as difficulties making decisions, work impairments or exam nerves, as well as in the case of depression or psychosomatic problems.

Maximus-von-Imhof-Forum 5
1st floor, room 133 B
85354 Freising

Consultations only with appointment.

Arrange an appointment by phone: +49 89 38196 -1202

We offer our service personally, by phone or online.

Further information and opening hours can be found at:
*[www.stwm.de/en/advice-and-counselling-network/
psychotherapeutic-and-psychosocial-advisory-service](http://www.stwm.de/en/advice-and-counselling-network/psychotherapeutic-and-psychosocial-advisory-service)*

Student Coaching

Coaching on study-related problems regarding time management, stress management or learning difficulties.

Alte Mensa

Helene-Mayer-Ring 9

80809 München

phone: +49 89 38196 -1216 und -1214

studierendencoaching@stwm.de

Please arrange an appointment.

We offer our service personally, by phone or online.

Further information and opening hours can be found at:

*[www.stwm.de/en/advice-and-counselling-network/
student-coaching](http://www.stwm.de/en/advice-and-counselling-network/student-coaching)*

Advice and Counselling Network of the Studierendenwerk München Oberbayern in Freising

You can find us here:

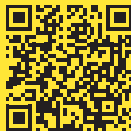
Weihenstephan Campus
Maximus-von-Imhof-Forum 5
85354 Freising

1st floor, room 133 A+B

Weihenstephan Campus

Further information
and opening hours:

*[www.stwm.de/en/
advice-and-counselling-
network](http://www.stwm.de/en/advice-and-counselling-network)*



on the 1st floor in the canteen building

